### DRAGONFLY MEDICAL AND BEHAVIORAL HEALTH COMMUNITY RESOURCE LIST 2019

#### **Children and Family Services:**

To report child abuse: 877-237-0004

#### Adult Protective Services:

To report abuse of an adult, elderly or disabled adult: 1-888-277-8366

#### Office on Aging and Disability:

Our mission is to improve the quality of life for older adults and adults with disabilities who live in the eight counties of Northeast Tennessee by advocating, setting policy, identifying local needs, providing services, coordinating resources, and providing information to promote a continuum of care which supports independence, choice and empowerment for those we are committed to serve. 3211 North Roan Street Johnson City, TN 37601

OPTIONS Line: 1-866-836-6678

SHIP: 1-877-801-0044

#### Local Ombudsman:

You should call the ombudsman when you believe the action, inaction, or decision of DCS, service providers and/or caregivers of out-of-home care (including TennCare providers, schools, residential and non-residential care facilities, foster care, detention facilities, public agencies, and social services agencies operated by either the state or one of its contractors) has adversely affected the health, safety, welfare, or rights of children and youth in state custody, or their families.

Phone: 615-532-1572

### Disability Law & Advocacy Center:

Knoxvillle

Phone: 1-800-342-1660

#### **Child Support Office:**

2700 South Roan Street, Suite 405 Johnson City, TN 37601 Phone: (423) 434-6500

Fax: (423) 434-6514

#### Mobile Crisis:

#### Frontier Health

1167 Spratlin Park Drive Gray, TN 37615 423-467-3600 or 877-928-9062

Counties: Carter, Greene, Hancock, Hawkins, Johnson, Sullivan, Unicoi, Washington

VA Hospital:

James H. Quillen VA Medical Center Lamont Street and Veterans Way

Phone: 423-926-1171

#### Free Health Clinics:

1. Friends in Need Health Center: 423-246-0010

2. Medical Care PLLC: 423-929-2584

### Mental Health Hospitals/Clinics:

1. Ridgeview Pavilion: 423-844-6000

2. Woodridge Hospital: 423-431-7111

3. Holston Health Associates Psychiatry Clinic: 423-500-0550

4. Frontier Health: 423-467-3600

### **Community Mental Health Centers:**

1. Johnson City Community Health Center: 423-929-6916

2. Johnson City Downtown Clinic: 423-926-2500

3. ETSU Family Medicine Associates: 423-439-6464

4. Wellmont Urgent Care, Johnson City: 423-282-0751

5. Agape Women's Services: 423-928-2273

# Office of Licensure, Dept. of Mental Health and Substance Abuse Services:

Phone: 866-777-1250

### Legal Aid of East TN:

Legal Aid Of East Tennessee

PO Box 360 Johnson City, TN 37605-0360

Phone: 423-928-8311 ext. 35 Fax: 423-928-9488

### <u>Practice Guidelines:</u>

1. SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION (SAMHSA): WWW.SAMHSA.GOV

2. AMERICAN SOCIETY OF ADDICTION MEDICINE (ASAM): WWW.ASAM.ORG

3. HARM REDUCTION COALITION: SKOOP BROCHURE: WWW.HARMREDUCTION.ORG

4. Tennessee Licensure: www.tn.gov

### Overdose Education and Naloxone:

1. www.tnoverdoseprevention.org

# Safe Prescribing Practices:

1. www.pcssmat@aaap.org

2. Scope of Pain: www.scopeofpain.com

3. My Top Care: www.mytopcare.org

4. Tennessee Licensure: www.tn.gov

#### **Treatment Locator:**

- 1. OPIOID TREATMENT LOCATOR: www.addiction-treatment.com
- 2. Department of Mental Health and Substance Abuse Services: 800-560-5767

#### **Service For Active Users:**

1. Eastern Tennessee State University: ETSU

Needle Exchange located at 615 N. State of Franklin, JC, TN

Phone: 423-930-8337

#### **Suicide Prevention:**

- 1. National Suicide Prevention Lifeline: 800-273-8255
- 2. www.crisistextline.org TEXT TN to 741

#### **National Organizations:**

- 1. American Society of Addiction Medicine
- 2. National Institute of Drug Abuse
- 3. SAMHSA.gov

#### Affordable Housing:

- 1. WWW.JCHOUSING.ORG
- 2. Tammy Kosa: Tammy@appalachianhomeless.org

#### **Family Resources:**

1. www.Al-Anon.alateen.org

#### **National Organizations:**

- 1. AMERICAN SOCIETY OF ADDICTION MEDICINE
- 2. NATIONAL INSTITUTE ON DRUG ABUSE
- 3. SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION

#### Pregnant Women Support:

1. Hope Haven for Pregnant Women: 423-239-7994

#### Family Support and Education:

- 1. www.tn-al-anon.org
- 2. National Alliance of Mental Illness (NAMI)

#### **Parenting Courses:**

1. Frontier Health: 423-467-3600

# JOB PLACEMENT AND SUPPORT FOR INDIVIDUALS WITH HISTORY OF ARRESTS:

Aamco, Ace Hardware, Advance Auto Parts, Albertson's, American Greetings, Apple Inc., Applebee's, Aramark, Avon Products, Bed Bath and Beyond, Best Western,

Buffalo Wild Wings, Hardy's, CEFCO, Chick-fil-A, Cummunity Education Centers, Dairy Queen, Dollar Tree, Dunkin Donuts, DuPont, Embassy Suites, Epson, Foot Locker, General Electric, Golden Corral, Great Clips, Holiday Inn, IHOP, Jiffy Lube, KFC, McDonald's, Men's Wearhouse, Papa Johns, O'Charleys, PetSmart, Red Lobster, Rubbermaid, Salvation Army, Shell Oil, Sonic Drive-In, Wendy's, WinCo Foods, US Steel Corporation, Waste Management.

Transportation:

1. Johnson City Transit: 423-929-7119

### **Smoking Cessation:**

1. 24 Hour Hotlines

- Nicotine-Free Mountain Empire 423-224-2356
- Tennessee's Free Tobacco Quit Line 1-800-QUIT-NOW (1-800-784-8669)
  For Hearing Impaired: 1-800-559-3816
- National Cancer Institute's Smoking Quit Line 1-877-44U-QUIT (1-877-448-7848)
- American Cancer Society & American Legacy Foundation's Great Start Quit Line 1-866-66-START (1-866-667-8278)

#### **Educational Resources:**

- 1. GED Classes: Johnson City, TN 1-800-872-0222
- 2. Northeast State Community College: 423-547-9105

**Medical Services and STD Testing:** 

1. Washington County Health Department: 219 Princeton Rd, JC, TN 423-975-2200

### Food Banks:

- 1. Second Harvest Food Bank: 127 Dillon Ct. JC, TN 423-477-4053
- 2. Berea Free Will Baptist: 2309 Sinking Creek Rd, JC, TN 423-928-3663

### Shelters:

- 1. Family Promise: 210 W Fairview Ave, JC, TN 423-202-7805
- 2. Haven of Mercy Rescue Mission: 123 W Millard St. JC, TN 423-929-0616

# Clothing and other essentials:

- 1. God's Corner: 423-929-1915
- 2. Salvation Army Bristol: 142-376-4615
- 3. Haven of Rest Rescue Mission of Bristol: 142-396-8215

#### Domestic Violence Shelters:

- 1. Safe Passage Incorporated 603 Bert St., Johnson City, TN # 423-926-7233
- 2. Shepherd Inn 610 W. G St. Elizabethton, TN #423-542-0180
- 3. Haven for Single Women and Women with Children: 423-968-7216
- 4. CHIPS (Erwin): 423-743-0022

### Inpatient Substance Abuse Treatment:

- Indian Path Medical Center: 2300 Pavilion Dr, Kingsport, TN 37660; 1-888-653-5557
- 2. Magnolia Ridge Alcohol and Drug Treatment: 423-467-3600
- 3. Woodridge Hospital, Johnson City, TN: 423-928-7111

### ALCOHOL AND OTHER DRUG DEPENDENCY EDUCATION AND OR SERVICES:

- 1. Indian Path Medical Center: 888-653-5557
- 2. Magnolia Ridge Alcohol and Drug Treatment: 423-467-3600
- 3. Woodridge Hospital: 423-928-7111

### **Animal Adoption:**

- 1. Washington County Humane Society: 423-926-8533
- 2. Carter County Humane Society: 423-547-3031

## State Disability:

1. www.ssa.gov/ssi/text-apply-ussi.htm

### Resources for Pregnant Women:

- 1. Hope House: 614 Cedar Ct, Kingsport, TN 423-239-7994 & 423-247-7994
- 2. Earn While you Learn, Tri-County Pregnancy Center: 828-682-7250

### INPATIENT TREATMENT FOR WOMEN ONLY:

1. www.brookhavenretreat.com

### INPATIENT EATING DISORDERS SERVICES:

- 1. FocusTreatmentCenters.com
- 2. www.centerforchange.com